

**10K overall results**

1. Gina Rudman 42:58
2. Natalie Knipp 43:20
3. Jennie Finnesy 46:13
4. Roger Hrabe 49:38
5. Nathan Grebowic 50:48
6. Brenda Frederking 51:13
7. Butch Post 51:14
8. Nikki Keas 52:29